

# **Annual Report2019-20**

"Therefore, if anyone is in Christ, he is a new creation. The old has passed away; Behold, the new has come." 2Corinthians5:17-18

I feel honored to extend a hearty welcome to our distinguished guests, parents, staff and dear children to the Annual Activity Day Function 2020.

It gives me immense pleasure and happiness to highlight the progress at NMCS in the academic year 2019-20.

With high expectations and academic rigor, Nirmalites started their journey through the year 2019- 20 on 06<sup>th</sup> June 2019. Regular classes for the KG sections and XI started on 10<sup>th</sup> June 2019.

As a regular practice followed every year this session also began with the consecration and blessing of the school by Rev. Fr. Antony Ammuthan and the orientation programme for all the classes conducted by

- Rev. Fr. Sijo CMI and Fr. Raphael from Jerusalem Retreat Centre and
- Rev. Fr. Rijo Payapally

The year 19-20 has been a remarkable year; our students have excelled themselves in the academic results as well as in sports and co-curricular activities.

## **ACADEMICS**

In the academics forefront NMCS has excelled in the overall academic performance by achieving cent percent results in class 10 and 12 CBSE exams. It was a moment of great pride for the Nirmalites family

Anamika Joy and Enosh Biju were the school toppers of class 12 and 10.

Sandra K S, Sandra E N, Rooby, Vivek, Ajay, Honey , Revathi Yatin Varghese, Blessit , Cristina, Haritha Nice rose, were subject toppers. The toppers were awarded “Nandana EndowmentAward” by Padmasree Dr. K. S. Chitra during the

Merit Day Celebration on 26<sup>th</sup> August 2019 which merged with the “Karunya 2K19” (Housing Project) along with basket ball court inauguration.

The internal exam results of the primary section i.e. I to V, classes 6<sup>th</sup> to 9<sup>th</sup> and 11<sup>th</sup> were equally good. The students were given gold and silver stars as a token of appreciation for their performance in different exams.

## **AWARDS**

**“Excellence is the gradual result of always striving to do better.” Pat Riley**

- The dedication, sincerity and commitment in serving humanity translating the vision and mission of the school into reality by leading a pious life has been recognized and our dear principal Sr. Shan Maria has been awarded “The Best Principal Award” for her excellence in the field of education by Rotary Club of Trivandrum Royal Sr. received the award from Dr. Shashi Tharoor, M.P (former union minister, India) at the awards ceremony.
- Moreover Sister got 2<sup>nd</sup> prize in the Catechism Teachers Aptitude test at the diocesan level
- Our school has been a recipient of the Thrissur district PTA Education Award for securing cent percent in class 10 and 12.

## **ALUMINI ASSOCIATION**

Past and present students are what a school is all about. Students create, sustain and enhance a school’s reputation during and beyond their school years. We have in our Alumini, many students who are successful in their fields and this year too, they set aside time from their busy schedule and gathered in the school on 21<sup>st</sup> December 2019 the cultural eve. Our students

- Edwin Subash – MBBS from AIIMS, Delhi and many have got admissions in different professional colleges.
- Jiss K.Roy is presently pursuing MBBS from Believers Church Medical College, Thiruvalla.

- Athul Krishnan PS - pursuing BS, MS degree course from IISER Indian Institute of Science Education and Research
- Sharath K Nair - Chemical engineering from St.Gits College of Engineering Kottayam.

## SPORTS

NMCS encourages all the students to work hard and play hard and this is proven through the various medals, certificates and trophies they won at different events and sports competitions. Games and sports form an integral part of the school curriculum, the school has facilities for disciplines like athletics, badminton, basketball, football, volleyball, skating, chess, yoga, karate, etc.

The following students have participated in various sports events and have won many prizes for the same:

- In the Sahodaya Indoor games, **Niranj Shaji** of class 10 got 3<sup>rd</sup> prize in badminton
- **Abhinav Krishna, Dinak, and Gokul** of class9 were the winners of the state badminton championship held at Ernakulam district.
- **Gokul** of class 9 bagged the third position in the National Ball Badminton Championship held at Chhattisgarh.
- In the **4<sup>th</sup> Mahima Chess Competition**, our school won the best school award and **Benedict** of class3 and **Blesson** of class 9 bagged 1<sup>st</sup> and 3<sup>rd</sup> prize with cash awards.
- Our students also took part in the Sahodaya football and volley ball competitions.
- In Sahodaya Athletics Meet 2019-20, 14 students participated.

**Niranj Shaji** won 1<sup>st</sup> prize in Javlin Throw.

**Gokul Balaji** won 2<sup>nd</sup> prize in 100 mtr Long Jump and

**Arnold Benny** won 2<sup>nd</sup> prize in Shotput

- Various inter house sports and games Competitions were conducted at school level and the students were given ample opportunities to compete in the same to prove their mettle and to inculcate the spirit of positive challenges and sportsmanship among the students. The annual sports day was held on the 16<sup>th</sup> November 2019.

## **CO-CURRICULAR ACTIVITIES**

Co-curricular activities gives ample opportunities to student to show case their talents and also focus on developing life skills of collaboration, team spirit, leadership qualities etc., various activities like dance, music, singing, dramatics, etc., are conducted systematically ensuring maximum participation.

Students took part in the **Sahodaya Youth Fest at Shantiniketan public school** , and won many prizes and grades.

- **Meenakshi** got first in English story telling
- **Gayatri K G** bagged 3<sup>rd</sup> prize in Malayalam versification and she also bought laurels to the school by winning 2<sup>nd</sup> prize in the state sahodaya kalostav for Malayalam versification
- **Steve J Kollanur** got 3<sup>rd</sup> prize in folk dance.
- Our students also got the 3<sup>rd</sup> position in mime and group dance.
- In the **Sahodaya Kids Fest at Vijayagiri Public school**, our tiny tots too won many prizes and grades.

- **Fatima Jenna** got 2<sup>nd</sup> prize in Category 1 Malayalam recitation
- In the **KCSL Competition**
  - Our students bagged A and B grade dance and puthanpana competition,.
  - **Evelyn Maria J** got 1<sup>st</sup> prize in kadhaprasangam.
- Our students also took part in speech and recitation competitions.
- The school Art fest was conducted in the school to bring out the inborn talents of the students. House wise competitions were held and our little Nirmalities spread their magic by displaying their talents through literary, art and cultural programs.
- Kids fest for classes KG to 2nd was organized and the students enthusiastically took part in various items like storytelling, rhymes, dance, colouring, recitation, etc.
- Our students also took part in the Ujwal Prathiba, ELPSE & MTSE competitive exams. Benedict Blesson got 2<sup>nd</sup> prize & cash award in the MTSE exam.
- Students also took part in the debate and elocution competitions held at Vidya Engineering College.
- In the Sahodaya Teachers Kalotsavam our teacher bagged many prizes.
- "Leadership and learning are two sides of the same coin. Leaders are not born, they are made through hard work." We give ample opportunities to all our students to develop their leadership qualities. The school cabinet inaugural was held in the month of June. Alit Rose & Gokul Balaji were sworn in as Head- girl and Head- boy, they took charge of their responsibilities along with the captains and vice captains in a glittering investiture ceremony.
- Promoting the harmony across all communities, Special Assemblies are

conducted on a regular basis.

- Open Assemblies are conducted regularly and Wednesdays and Fridays assemblies are conducted in Hindi and Malayalam.

## **STAFF ENRICHMENT PROGRAMME**

"It is the supreme art of the teacher to awaken joy in creative expression and knowledge and in order to do so every teacher needs to improve not because they are not good enough but because they can be even better." With this thought in mind and to stay updated in today's world of changing techniques and strategies our teachers attended various workshops and training programs such as

- PRP Training Program held at Nirmalamatha Central School, Thrissur.
- Training Program organized by Thrissur Sahodaya at Chinmaya School Kolazhy.
- 'Silpashala' at St.Thomas college,Thrissur.
- Capacity building program on value education at IES Chittilapilly.
- Subject-wise refresher courses are conducted every month.
- Refresher course by Mrs. Radha K
- One day teacher training program held at NMCS, Thrissur on changing leadership qualities, priorities and challenges.
- One day teacher training program on language development course.
- Capacity building subject wise training at kolazhy.
- One day training program at Das Continental by Madhusudhan Publishers.
- Two days capacity building training for Hindi at Devamatha CMI Public School
- Sr.Shan Maria attended the workshop for principals in the 25th National Annual Sahodaya Conference held at Vigyan Bhavan, New Delhi .

## **CELEBRATIONS**

“A good life is a collection of happy moments.” Life is a celebration of awakenings of new beginnings and wonderful surprises that enlighten human soul.

We started this year’s events and celebrations with the observation of world environment day, Founder’s day and the Feast day celebration of our spiritual guide Rev. Fr. Antony Ammuthan.

- Father's Day along with club inauguration with Mr.M.K. Devarajan ,film director being our guest for the day
- Doctor's Day with Rev.Fr. Jason Mundanmani, Director of Amala Hospital. The Hair Donation Campaign ' Locks of love and hope' was conducted and both parents and children donated hair to Amala Hospital.
- Family day 'Ohana 2019' with Rev.Fr. George Pottackal and Ms. Jyothi as the chief guest enlightened our minds with a class on parenting and learning disability. Games were conducted for the parents and three best couple's were honored.
- Reading day and week was observed in the month of June, as part of it class library was inaugurated and various competitions like story writing, review writing, summary writing etc were conducted. The school librarian Ms. Sudha namboodari was honoured and books were given to Eyyal library
- International Yoga Day was observed on 21st June by all the students in the morning assembly and performed different Aasanas. Yoga relieves stress, boosts concentration and posters good health.

- Observing the great tradition, stressing the need of nurturing and protecting the language Malayalam and imbibing true keralite spirit, Kerala pirhavi was celebrated by the Malayalam Department through various programmes.
- Yellow day, Green day, was observed by the kindergarten. The classrooms were embellished with items of the colour theme for the day. The kiddies, teachers and non teaching staff wore the same color attire. The tiny tots bought items of the respective colour to decorate their classroom. It was a skintillating day with innocent faces gleaming and reflecting brightness, joy, love and happiness.
- Onam the Harvest festival was celebrated on 5th September 2019. Cine artists Praseeda, Radheyam, Sharon, Pranav were the chief guests. The high spirit of the students reflected in the Intricately decorated Pookalam, and various other programmes welcoming Maveli. Delicious payasam was distributed to all the students by the PTA member and the teachers were given ambrosial Onasadya.
- There is something which we can't buy one such thing is our child hood and to remember childhood, Children's day - a day we focus on children, paying tribute to our first prime minister fondly known as Chacha Nehru was celebrated with splendor and fiesta. The celebration began with a special assembly conducted by the teachers who made the day special through the various cultural programs.
- Service Day in connection with Gandhi Jayanti, A Day of Cleaning was organized in the school The Panchayat Member Mrs Simi inaugurated the drive in the presence of principal staff and students.



- Christmas - The most wonderful time of the year—with twinkling lights, happy carols, rosy cheeks, good cheer and warm fuzzy feelings. The Christmas celebration of the school was held on 19<sup>th</sup> December 2019. Various programs were conducted instilling the message of Christmas peace, joy, hope, and love.
- This year, the celebration of Benefactors' Day was held on December 26<sup>th</sup>, 2019.
- The Nirmalites family celebrated the Annual Cultural Eve “Alites 2k19” and Neighbor’s day on December 20<sup>th</sup> 2019. It was presided by the chief guest Rev. Fr. Roger Vazhapilly, Guinness Record holder in whistling. The function started with the prayer song, felicitation, prize distribution, cultural programmes performed by tiny tots, KG section, class I to XII students, parents, teaching and non- teaching staff followed by Musical Fest. The programme culminated with the singing of the National Anthem.

## **PARENTS TEACHERS ASSOCIATION**

"Positive communication between parents and teachers goes a long way in improving the efficacy of education."

We ensure active participation of parents in the teaching-learning process, therefore, conducting PTA meetings on a monthly basis to enable the parents to discuss the progress of their children. The PTA general body meeting was held on 28<sup>th</sup> June welcoming the newly elected members. Mr. Robil K Mathew Consultant & corporate trainer in IT the chief guest conducted an interactive session on parenting.

## **CHARITY**

"Giving is not just about making a donation. It is about making a difference."

- Our Principal, Sr. Shan Maria along with the staff and students visited the flood affected areas in Nilambur and distributed various necessities pooled by the Management staff and students.
- Wheel chair was sponsored by the staff to a neighbor.
- The school also renovated two houses in the neighborhood.
- To extend a helping hand, food kits were distributed to the poor in the neighborhood

## **MORAL VALUE DEVELOPMENT**

Our moral education and catechism classes form the corner stone of value education in our school. The tradition of Holy mass and confession every month has been maintained. Besides these theoretical inputs, we try to inculcate in our students values for life through Nalla Padom Program.

## **SCOUTS AND GUIDES**

This year the students of Std. V to VIII took a step forward to build their character and personality, by volunteering to be a part of the Bharat Scouts and Guides training programme. The programme was inaugurated on 28th November 2019, by the Chief Guest Mrs. Anitha Mathew, Zilla Secretary of Bharat Scouts and Training Thrissur, in the presence of Principal Sr. Shan Maria ,Ms. Josy and Ms.babitha. Mrs. Anitha Mathew in her address to the Scouts and Guides shared some of her experiences at the Scouts and Guides Camp. Her speech helped the students to discover the world beyond the classroom, thus helping them to learn how to carry out their commitment in everyday life.

## **GUIDANCE AND COUNSELLING**

Guidance and counseling is an integral part of the school curriculum and Our school's Counsellors regularly stays in touch with students to understand their requirements and also arranges help for them through their peers & teachers, and meets with their parents to know their progress as a process check on various emotional and behavioral issues, academics etc.,. The whole programme operates in a very structured manner for effective results.

- Advocate Pius Mathew, former District Government pleader and Special Public prosecutor conducted a session on sex education and Sex abuse for children.
- Another interactive session on Cyber safety and drugs was Conducted by the police official, Mr.Suvartha Kumar, Senior Civil Officer, Thrissur.
- Career guidance class was conducted by the speaker from M/s. Zabeel Institution and Aviation logistics Management.

It has been our ethos at NMCS to be at the forefront of dynamic new techniques in education as well as to keep our facilities and infrastructure in line with the changing needs of a growing institution. As a part of this process, the following are the facilities at NMCS.

- Dedicated full-time Digi classes to enhance the learning experience for subjects for classes KG to 12<sup>th</sup>.
- To ensure better monitoring, CCTV cameras along with speakers have been provided in each classroom as well as the playgrounds.
- A spacious library with over 5000 books has been added to our facilities

covering varied spheres of science, Language skills, literature, encyclopedia, dictionaries, references, religious, moral values etc.

- Separate laboratories for physics, chemistry, biology and mathematics which would ultimately meet the needs of students.
- Keeping ourselves up with the pace of the modern world, Complete Digitization of the school was undertaken which transformed the entire school chores channel through the Information Technology, bringing in more transparency and enhanced communication with the parents and community. Mrs. K.S.Chitra graced the occasion and inaugurated the Digitization System by launching the School's app and School's own Web Portal..
- Having the school completely digitized has innumerable advantages to the parents, teachers and the school itself. Parents keep a real- time track of the status of their child for Daily attendance, Fee structure & status, Periodic School Circulars and News, etc. through the school app on the mobile phones & through the web portal. Parents have a direct access with the class teacher for regular update of their child. The software provides a direct upload of the daily work on the online portal parallel to what is given in the classroom, so that parents too are apprised of the daily work given in the class and the same can be enforced at the parents end too.

## **ONGOING PROJECTS**

We at NMCS are conscious of our responsibilities to our planet Earth and towards our society, have initiated projects like

- Swasth Bharat, which aims at making physical activity and recreational games an integral part of the learning process.
- Cleanliness drive under the program of Svachh Bharat Aayan, was undertaken in the month of November, where all the staff members and students cleaned the school premises.
- Waste management, source segregation and recycling, thereby, minimizing landfills.
- The school has successfully implemented projects like save paper, no plastic and segregation and minimization of wastes. No Plastic day was observed and our students took part in the noplactic campaign held at Aruvi Rehabilitation center, which was presided by Mr. Ramesh Chennithal KPCC president.
- Rain water harvesting is being successfully carried out to meet the water needs of the school through the system installed on the roof top.
- Fit India Movement the initiative which is the need of the hour and will take us towards a healthier future is also taken care of
- It has been our endeavor to provide a fresh and healthy atmosphere to the children, and the school had been working towards the beautification of the school campus through the establishment of the Mother Mary's Grotto, basketball court, badminton court, renovation of both the auditoriums, plantation of ornamental trees as an ongoing process.
- A free medical clinic was inaugurated by Mr. Kareem Pannithadam, District President of former panchayat member. Free medical kits were distributed to the local residents. Free consultations are provided on Wednesdays and Thursdays every week for the welfare of the residents
- Free medical check- up is carried out on regular intervals for the teachers and students. The mission of deworming children was completed by

administering the deworming tablets.

- **“Good actions give strength to ourselves and inspire good actions in others.”** - “Karunya 2019 housing project” was an initiative by the Management, Principal, PTA, Staff and students to help a fellow student in need. Through this project construction of a house is in progress.

## **FIELD TRIPS AND PICNICS**

Going beyond the classroom walls and textbooks, comprehending the wonders that are beyond the syllabus and to gain first- hand knowledge and experience through visual arts, various tours and field trips were organized for students:

- Classes KG-5 students went on a trip to Uncle John Water Theme Park
- Classes 6-9 students went on a trip to Dream World.
- Classes 10 and 12 went on a trip to Ooty.

### **Field trips**

Field trips are fun! You get to put down the books and pencils and drive to a new location with interesting things to see and experience provide learning opportunities as kids engage with historic sites or works of art in person.

Our students were taken to the following places

- Kerala Sahithya Academy Kamala Surayya Smarakam
- Kerala Sahithya Academy Thrissur
- Appan Thampuran Smarakam, Thrissur
- ISRO’s Sarabhai Centenary Exhibition at Vidya Engineering College
- Padom onnu padatheke - Our students got hands-on learning experiences in the paddy field under the guidance of Agricultural officer.
- Students and teachers also visited ICA Montessori school for the

Montessori exhibition on integrated learning methods of Montessori.

- They also visited the Oil mill at Thamarayoor to know the traditional way of oil extraction through MaraChekku

The school was ably supported by the Parent Teacher Association and the School Management Committee. PTA and SMC meetings are conducted regularly to review, analyse and evaluate the working of the school.

Ladies and gentlemen, that was 2019 - 20, presented to you in a nutshell.

With a deep sense of humility and gratitude I thank God Almighty for the blessings he has showered on the Nirmalites Family. I also express our sincere gratitude to our principal Sr. Shan Maria for her valuable support. Her vision and expertise has always been a source of strength and inspiration to all of us.

I also thank the parents without whom we are not complete.

Last but not the least; I would like to express my gratefulness to every member of our teaching and non teaching faculty who are the strong pillars of our school.

I wish and pray that the New Year be a messenger of happiness, peace, joy and good tidings for all.

Once again wishing you all a Happy and prosperous year ahead....

Thank You